

EVENT DESCRIPTION SHEET*(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)***⚠** *Please provide one sheet per event (one event = one workpackage = one lump sum.)*

PROJECT	
Project name and acronym:	The Food Club: a European Network for Social Inclusion — TFC
Participant:	COMMUNE DE SAINT-GERMAIN-EN-LAYE - SGL
PIC number:	893839481

EVENT DESCRIPTION			
Event number:	16		
Event name:	Collaborative roadmap for social inclusion through food in France - Saint Germain en Laye		
Type:	Workshop		
In situ/online:	In-situ		
Location:	France - Saint-Germain-en-Laye		
Date(s):	12 May 2023		
Website(s) (if any):	https://www.foodclub.blog/category/results/ https://www.saintgermainenlaye.fr/1703/the-food-club.htm		
Participants			
Female:	28		
Male:	40		
Non-binary:	0		
From country 1 [France]:	56		
From country 2 [Spain]:	2		
From country 3 [Romania]:	4		
From country 4 [Czech Republic]:	2		
From country 5 [Italy]:	4		
Total number of participants:	68	From total number of countries:	5
Description			
<i>Provide a short description of the event and its activities.</i>			

All the European delegations of the Food Club program went to St Germain en Laye on May 12 and 13, 2023 to participate for two days in various collaborative events set up so that they can appreciate the work carried out around the inclusion of different communities in the international city of St Germain en Laye with, as the main vector, food.

The day of May 12 was devoted to the inclusive approach led by the City in a popular district and to the demonstration including food, as a vector of solidarity and sustainable development around uses. The target groups of this event included local organizations working on the topics of social inclusion and the representatives of partner municipalities (traveling delegations). Citizens of SGL also joined in some parts of the activity.

After an overall presentation of the City of St Germain en Laye, a city that is both historic and modern, the various speakers were able to appreciate the bipolarity of the city between working-class districts and historic districts.

This first day focused on working-class neighbourhoods and the population composing them, with a strong social mix, in neighbourhoods where the concentration of social rental housing remains high.

The delegations then went to one of the most popular districts of St Germain en Laye, about 5,000 people on 45 hectares, or about 2,000 social housing units.

The AXIOM project is based on three pillars, namely:

- 1 – a charter of republican commitment which is signed by all new tenants for their social rental housing.
- 2 – ambassadors of “better living together” who volunteer their time or their skills for the benefit of residents in difficulty.
- 3 – an experimental laboratory, with several third places including educational accommodation, a project house, a shared garden.

As well as in this context, various events for the benefit of families, young children, adolescents, seniors, highlighting multiculturalism and intergenerationally as vectors of innovation and skills, for the benefit of a district, to demonstrate that this angle of analysis can also be imagined with greater universality.

The delegations were more particularly made aware, through this project, of the component of systems around food, as a strong vector of inclusion, solidarity and sustainable development and on this point more particularly, through the uses of reduction of the carbon footprint of the inhabitants.

Thus, on the theme of food, the notions of short circuit were approached, with the various associations which allow a reception of people in difficulty, to benefit from access to meals, the description of the shared garden set up where the inhabitants share both growing spaces and harvests, with learning workshops on permaculture. This last point is very important since it also makes it possible to green a district again, through the appropriation of balconies, while allowing a better understanding of biodiversity, in districts where “concrete” has been legion (last ZUP of 'Ile de France – 1970 – Area to Urbanize as a Priority).

The eco-neighbourhood approach was also described with its 4 challenges and its twenty performance indicators: on sobriety – inclusion – value creation – resilience, which today makes it possible to position the neighbourhood on the label 3 out of 4 in eco-district, thus enhancing the image of the inhabitants through their participation in improving living together.

More particularly, the delegations were led to discover the food of different countries and cultures representative of the district, with a workshop for making bissap African non-alcoholic drink, the tasting of a lamb tiep (stew) and a multicultural discussion with a group of inhabitants and ambassadors of the district who came during this time to share their experiences (Congo – Cameroon – Senegal – Martinique – Portugal – Japan...). About fifteen people from different cultures, inhabitants of the district, participated.

The afternoon was devoted to the collective production, by the delegations, of the cover of a small recipe book, with a recognized illustrator from St Germain en Laye (Pierre CORNUEL), where the main vector of identification was chosen as being rice, that transcends both European and international cultures.

The title of this little cookbook will therefore be “Rice in all its forms”.

The day ended with a homestay meal for each delegation, having taken care to determine representative families of inclusion in such neighbourhoods, a Japanese family, an Indonesian family, an African family, an Ecuadorian family, a European family.

The 5 delegations thus experienced a time of sharing immersed in families, with their children around a meal specific to the rice-based culture.

To sum up, the topics discussed during this event included the presentation of specific projects of the city focusing both on social inclusion and on the sustainable use and production of food, the presentation of municipal tools and techniques to favor the integration of different neighborhoods populated by

citizens with different cultural backgrounds and the presentation of different associations working in these areas. Participants experienced a workshop on the making of a typical African beverage and tasted African food, with insights on the different African cultures and how food is used there as a vehicle of inclusion and of the concept of community. Rice, as an international ingredient used in many cultures, was discussed through the use of artistic means, promoting the understanding of different cultures and also with insights on the sustainable production of it.

This experience made it possible to validate the establishment, within the framework of the AXIOM project, of homestay meals in order to offer everyone the opportunity to share, through food, the culture of a country, and the approach to integrating a family into French society.

Overall, the event was perceived as highly formative and interesting by all participants, who particularly enjoyed the shared meals, the interaction with local associations and the use of art to promote concepts of social inclusion. No problems or issues were encountered during the organization or the implementation of this event.

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	10/07/23	Initial version (new MFF).