

EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.

 Please provide one sheet per event (one event = one workpackage = one lump sum).)

PROJECT	
Project name and acronym:	The Food Club: A European Network of Social Inclusion – TFC
Participant:	Asociación Building Bridges (ABB)
PIC number:	948821118

EVENT DESCRIPTION	
Event number:	12
Event name:	Workshop event in Spain
Type:	Workshop
In situ/online:	<i>In situ</i>
Location:	<i>Municipality of Soto del Real, Madrid, ES.</i>
Date(s):	16/02/2023
Website(s) (if any):	https://www.yeseuropa.org/formacion-de-expertos-internos-del-proyecto-the-food-club/ https://www.foodclub.blog/category/results/
Participants	
Female:	30
Male:	23
Non-binary:	-
From country 1 [Romania]:	2
From country 2 [Italy]:	4
From country 3 [France]:	2
From country 4 [Czech Republic]:	2
From country 5 [Spain]:	43
Total number of participants:	53
From total number of countries:	5

Description

Provide a short description of the event and its activities.

The activity foreseen in the framework of WP12 has been organized with a first online meeting, attended by one representative of each participating municipality. During this meeting trainers from ABB and the municipality of Soto del Real introduced the actions and events that all participants would have experienced later in person, in the Spanish community of Soto. This meeting included a presentation of the TFC project, of the area concerned and of the local practices used to promote social inclusion and for the sustainable production of food.

The Event proceeded with in-person activities in the community of Madrid, in the municipality of Soto del Real. The target group of this activity included representatives from all partner municipalities and associations, together with representatives of the Spanish municipality and of local associations working in the fields of sustainable agriculture, education, social inclusion and culture in the area of the community of Madrid. The main objective of this event was to showcase sustainable practices in a rural setting, such as the urban orchard, in order to foment these amongst its inhabitants as part of the way of life of the community. Of particular interest were the showcasing of newly established DOPs from the region (which traditionally has not enjoyed a label such as this) in which the municipality is located, which has been an ongoing effort by the community for the past three years, with products such as wine (traditionally more associated with Rivera del Duero and La Rioja regions), goat cheeses, and, more recently, trying to obtain a label for their meat production.

Within the framework of The Food Club (TFC) project, we developed a workshop where we dove and worked within the urban garden in order to experience what the users do, while learning about responsible soil usage, rehabilitation and organic composting, which is a crucial part of the sustainability of this local project and of our workshop. The urban shared garden of Soto del Real represented the perfect location for this workshop, as it is widely used by the local community as a source of fresh and healthy produce, but also as a meeting place to organize collective meals and community activities, with the aim of promoting solidarity and sustainable lifestyles within the municipality. Partners and people participating in this event had the chance to learn about shared practices to grow food, with a specific focus on food preservation and techniques to avoid food waste. Trainers thoroughly explained how the shared garden is managed, as an example of best practice at the local level for the active engagement of inhabitants and for the promotion of shared activities open for the entire community.

Lunch for that day was cooked using exclusively produce from the urban garden, from each of the neighbor's plots which contributed for it to be made. Some of the people currently growing plots in the shared garden also joined the group for lunch, bringing their direct point of view and talking about their experience as active users of this community service and opportunity.

Overall, the results achieved during this event are considered highly satisfactory, as from a final moment of sharing and dialogue it emerged how this garden represents a specific best practice, due to the high involvement of the local community. Participants raised their level of knowledge and awareness on sustainable agricultural practices and on techniques for the promotion of social inclusion and active citizenship at the municipal level. No problems were encountered during event implementation, also in terms of logistics, as participants walked around the municipality to reach the urban shared garden.

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).