

EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.

 *Please provide one sheet per event (one event = one workpackage = one lump sum).*

PROJECT	
Project name and acronym:	The Food Club: a European Network for Social Inclusion — TFC
Participant:	Motii Tara de Piatra (MTDP)
PIC number:	890375029

EVENT DESCRIPTION			
Event number:	WP10		
Event name:	Workshop in nature		
Type:	workshop		
In situ/online:	in-situ		
Location:	Romania, Zlatna		
Date(s):	13th October 2022		
Website(s) (if any):	https://www.foodclub.blog/category/results/ http://motiitaradepiatra.ro/evenimente/		
Participants			
Female:	18		
Male:	22		
Non-binary:	-		
From country [Romania]:	29		
From country [Italy]:	4		
From country [Spain]:	2		
From country [France]:	2		
From country [Czech Republic]:	3		
Total number of participants:	40	From total number of countries:	5
Description			
<i>Provide a short description of the event and its activities.</i>			
The workshop duration: 1/2 day, during the first half of the day.			

The target groups of this event included the representatives of partner municipalities and associations (the traveling delegations), citizens of Zlatna and of the surrounding villages, including some foreigners who relocated to the municipal area of Zlatna and are currently living and working there, with direct implications on food agriculture, production and transformation.

During the “Workshop in nature” event, all participants were briefed on site about the activities, by local facilitators, at the beginning of the local event. All participants have scouted a designated area to observe the collected ingredients and to observe how local farmers are sorting the raw food.

During the workshop, the facilitators explained to participants about:

- traditional grazing systems in Europe;
- rotational grazing system and its benefits;
- ways to protect wildlife herds;
- soil nutrients depletion problems in the mountain areas;
- the importance of biodiversity in mountain ecosystems;
- the archaic European self-sustaining farm concept;
- the role of fungi in the transfer of nutrients from nature;
- the dangers of poisonous wild plants;
- connections between plants/fungi/animals in the wild.

The first part of the workshop was dedicated to agriculture and to the production of food with sustainable techniques; participants visited a local farm producing organic vegetables and fruit and learnt how to harvest such products and how the sustainability of agriculture is ensured at the local level. A second part of this workshop was dedicated to farming, with a focus on the fundamental role of animal agriculture for the maintenance of local biodiversity, especially in rural and mountain areas. The rotation of fields and cattle feeding was explained and demonstrated to participants, opening the discussion to future joint projects on sustainable agriculture and farming for the creation of a European network of organic farmers and producers. A third section of the workshop focused on the ingredients and products that can be found in nature, like mushrooms and edible roots, highly used in Romanian cuisine. Participants learnt how to recognize the most common types of mushrooms (including the poisonous ones) and contributed to the collection of such ingredients, later used for the preparation of the Dinner with local ingredients in Zlatna (WP11).

The event can be considered highly satisfactory, as participants deepened their knowledge on local sustainable techniques in agriculture and farming, and also learnt how nature represents a fundamental ally for the nourishment and growth of humans and animals. They witnessed how these topics are rooted in Romanian culture and represent a staple for social inclusion and cultural development in rural and mountain areas. Local ingredients are always used to prepare shared meals for the entire community, especially among people working in the fields, as they gather to share their produce, also inviting many other members of the local community.

No problems have been encountered during event implementation, as the final feedback and response collected among participants outlined the positive impact of this activity and the achieved expected results.

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	20.01.2023	Initial version (new MFF).